

AMT 2 Day Workshop



2 Day Level II Certification

Day 1 – 9:30am – 3:00pm

9:30am – 10:00am Registration

9:45am – 10:00am Welcome Note

10:00am - 11:15am The Brain (Power Point)
Question & Answer

11:30am - 12:15pm AMT 45 minute class (open to children of participants with autism & their siblings and friends)

Autism Movement Therapy® Part 1: “Whole Brain” Cognitive Re-Mapping Approach through Music and Movement

Brief Description:

Autism Movement Therapy is a movement and music integration strategy combining patterning, visual movement calculation, audile processing, rhythm and sequencing for a “whole brain” cognitive thinking approach that can significantly improve behavioral, emotional academic, social, speech and language skills.

Learning Outcomes:

- 1.) Participants will learn the parts of the brain and their functions specifically pertinent to individuals with Autism Spectrum Disorders.
- 2.) Participants will learn how music and independent movement can help strengthen the bridge between the right and left hemispheres in the brain.
- 3.) Participant will be introduced to the program design and intent of Autism Movement Therapy®

12:15pm – 1:00pm - Lunch (Provided)

1:00pm – 2:00pm – Breakdown components of AMT : Axial Movement, Pathways, Shapes & Levels (Handbook)

2:00pm - 3:00pm - Sense Poem (strategy to choreograph a presentation for a large number of students for performance -collaborative presentation)

Autism Movement Therapy® Part 2: Creating Your Own Autism Movement Therapy Program

Brief Description:

This session will teach you the tools and techniques to best prepare you to create your own Autism Movement Therapy program. Each skill will be explained and practiced, from circle games to story dances and from motor movement to sequencing and patterns. Participants will even experience a full session of Autism Movement Therapy®. (Please be dressed and prepared to move/dance.)

Learning Outcomes:

- 1.) Participants will learn how to combine strategies and elements in order to create their own Autism Movement Therapy® session as well as gain knowledge and the tools needed to stage a multi person performance based production at their own facility, school or recreation center.
- 2.) Participants will learn the different elements and movement of dance.
- 3.) Participants will learn how both above stated skills benefit individuals with Autism Spectrum Disorders.

Day 2 - 10:00am - 3:00pm

9:45am – 10:00am – Registration

10:00am -11:45am - AMT 45 minute class with additional strategies for higher level students

11:45am - 12:30pm - Lunch (Provided)

12:30pm - 1:30pm - Generation “A”: Autism & the Arts, Documentary with Temple Grandin PhD

1:45pm - 3:00pm Positive Behavior Support (PBS) & 4 Functions of Behavior (ABA) Guided practicum (Power Point)

3:00pm - 3:30pm Certification Presentation

Autism Movement Therapy® : Positive Behavior Support (PBS)

Brief Description:

People display behavior every second of the day by breathing, walking, running.....dancing. The goal of PBS is to redirect socially unacceptable behavior and teach replacement skills so that the participant will be successful. Positive Behavior Support emphasizes respecting, valuing, dignifying, understanding and listening to individuals that may display “behavior problems”.

Learning Outcomes:

- 1.) Participants will learn the 4 different functions of behavior for all individuals.
- 2.) Participants will learn Positive Behavioral Support strategies in order to provide appropriate learning environments that are supportive and creative for the individual at the same time.

